



## FRIDAY HUDDLE

*Convene • Connect • Collaborate*

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.



### NURSE WORKFORCE

**AI in Healthcare: Opportunities & Risks:** Huddlers discussed the increasing use of AI across healthcare and administrative settings. While AI is improving efficiency in tasks like documentation and communication, significant concerns remain around accuracy, including “hallucinated” data, fabricated references, and outdated or incorrect information. There was strong agreement that AI should always be used with human oversight and critical review. As more patients turn to AI tools for health information, participants emphasized the importance of nurses in maintaining trust and correcting misinformation. Nursing’s role as the most trusted profession was highlighted as a key safeguard in an evolving digital landscape.

Participants noted that AI is already embedded in many systems “behind the scenes,” from automated processes to communication tools. This raises broader considerations about awareness, accountability, and how quickly healthcare systems are adapting without consistent guardrails.

**Workforce Wellbeing & Vicarious Trauma:** There is growing recognition of the cumulative emotional impact of nursing work across settings. Participants shared that vicarious trauma is increasingly being acknowledged, particularly as nurses transition roles or reflect on long-term exposure. Trauma-informed approaches are expanding beyond patient care to include workforce wellbeing.

### NURSE EDUCATION

**AI in Education & Academic Integrity:** Educators shared that AI use among students is rapidly increasing, creating both opportunities and challenges. Programs are adapting by teaching students how to critically evaluate AI-generated content, identify inaccuracies, and use AI responsibly rather than as a substitute for learning.

**Preparing Students for an AI-Integrated Future:** There is a growing emphasis on building AI literacy, including understanding how to effectively ask questions (“prompting”) and verify outputs. Educators highlighted the importance of ensuring students develop strong clinical reasoning skills alongside technological competency.

**Preceptor Challenges & Training Gaps:** Participants identified increasing strain on preceptors due to workforce shortages, time constraints, and lack of formal training. While preceptors are essential to workforce development, many receive minimal preparation for the role. There is growing interest in structured training, protected time, and stronger partnerships between education and practice settings to better support preceptors and learners.

### RESOURCES

**OCN Nursing Workforce Infographic:** The Oregon Center for Nursing has recently [released a new infographic](#) based on data from employment trends, retirement plans, and workforce composition in Oregon

**AI in Healthcare Study:** A [ZocDoc study highlights increasing patient use of AI](#) and reinforces the importance of provider trust in mitigating misinformation.

**Opinion Piece – Systemic Problems in Healthcare:** Explores [a travel nurse’s perspective](#) on patterns and pressures consistent throughout multiple hospital systems.



**OREGON CENTER**  
for **NURSING**

NEXT FRIDAY HUDDLE:

Friday, April 3rd, at 8:00 a.m.

[OregonCenterForNursing.org](https://OregonCenterForNursing.org)

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