

Date: October 31, 2025



FRIDAY HUDDLE

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.

Nurse Workforce

SNAP Freeze Impacts: Huddlers discussed the halt to federal SNAP benefits affecting one in six Oregonians starting November 1. Governor Kotek's [declaration of a statewide food emergency](#) offers short-term relief, but Huddlers expressed concern about patients forced to choose between food, rent, and medication.

Social Determinants of Health Screenings: Huddlers will review how their organizations screen for SDOH needs, such as food insecurity and housing challenges, and share findings next week. OHSU highlighted its automated social work referral process as one model for coordinated response.

Nurse Education

Friday Huddle: Extended Cut: Join us on Friday, November 14th, for a one-hour [RN Well-Being Webinar](#) that translates two years of statewide data into practical tools to reduce nurse stress, improve workplace systems, and advance well-being across Oregon's healthcare workforce.

H.E.A.R.T. Intensive Scholarship: invites nurses to a trauma-informed, restorative 5-day experience designed to rebuild balance, resilience, and self-compassion. Scholarships are now open for 2026. If you have questions, please contact [Christy Cowgill](#).

Oregon Healthcare Workforce Index: [A new OCN report](#) analyzing Oregon's healthcare labor market, showing how nursing fits into statewide workforce shortages, wages, and growth trends. OCN will host an Extended Cut sharing more details in Dec.

Resources

Governor's Boards and Commissions Portal: If you or other nurses are interested in a leadership position, the [Governor's Boards and Commissions offer opportunities](#) to shape Oregon's health, education, and workforce policies while representing the nursing voice in statewide decision-making.

Article on SNAP Impacts: [The New York Times](#) details how the federal shutdown has left states struggling to maintain SNAP benefits, affecting food access for millions.

Oregon Food Bank Finder: [An interactive map](#) helps locate open pantries by ZIP code and hours of operation.

ODHS Food Assistance: [Oregon DHS provides updates](#) on emergency food supports and community actions available to households impacted by federal benefit disruptions.

Next Friday Huddle:

Friday, November 7th, at 8:00 a.m.

[Register Here!](#)

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