

**Date: September 26, 2025**



# FRIDAY HUDDLE

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.

## Nurse Workforce

**Impact of Burnout:** Huddlers reflected on individual self-care, workplace culture, and systemic contributors to burnout. Participants shared practices such as [reconnecting with nature](#) and emphasized that meaningful change requires both personal accountability and supportive environments.

**Nurse Leader Pressures:** Huddlers noted that nurse managers often carry dual responsibilities to staff and administration, resulting in moral distress. Training gaps and limited institutional support were noted as barriers to sustainable leadership. Huddlers shared several resources for nurse leader support. If you would like a list, please contact [Jana Bitton](#).

**Early Boundary Setting:** Nurse educators discussed how communication skills and confidence in saying "no" can be built through simulation and early curriculum, preparing nurses to advocate for themselves in professional settings.

## Nurse Education

**Faith Community Health Ministry Courses:** [The Foundations of Faith Community Nursing and Health Ministry course](#) will begin in late October. This includes 11 CE sessions and is open to Oregon nurses.

**Free CE Opportunities:** Oregon Center of Excellence for Behavioral Health & Aging (OCEBA) is offering [virtual training sessions](#), one of which is about building a strong healthcare workforce from an ethical lens.

**Storytelling for Policy and Social Change Workshop:** [Johns Hopkins University is holding a workshop](#) about comprehensive skill-building training designed to help public health and health professionals.

## Resources

**Updated Vaccine Guidance:** Prescriptions are no longer required for COVID-19 vaccines, which can now be administered directly by pharmacists. Resources included [a statewide FAQ](#) and [a national vaccine policy comparison](#) from the Kaiser Family Foundation.

**Changes to Hospital-at-Home Reimbursement:** [The CMS waiver](#) supporting hospital-at-home care is set to expire at month's end. Huddlers were invited to share how this might affect their organizations and ongoing investments in alternative care models.

### Next Friday Huddle:

Friday, October 3rd, at 8:00 a.m.

[Register Here!](#)

### Find OCN Online

[www.oregoncenterfornursing.org](http://www.oregoncenterfornursing.org)

