

Date: August 23, 2024



Oregon Center for
NURSING

FRIDAY HUDDLE

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.

Nursing Workforce

Newly Approved COVID-19 Vaccine: The U.S. Food and Drug Administration approved [an updated COVID-19 vaccination](#) that offers better protection against current variations of the coronavirus. Huddlers discussed that many employers have forgone COVID-19 vaccination requirements this year but mandate influenza vaccinations amongst team members.

The Role of Nurse Coaches: Huddlers discussed the growing popularity of nurse coaches and their role in patient care and nurse wellness. Huddlers agreed that nurse coaching training can improve patient communication and enhance health promotion. Coaching can also foster more successful behavior change efforts. In addition, Huddlers also explored how nurse coaches can support other nursing professionals with their unique understanding of nurse culture and the career challenges that can arise. As nurse coaching gains popularity, some have considered it an alternative career path away from bedside care. However, Huddlers also mused that integrating nurse coaching with bedside practice can improve patient outcomes.

Improving Morale in the Workplace: Huddlers also discussed the persistence of organizational-wide burnout and how healthcare systems address it amongst nursing staff. Nursing is a demanding career, and one attendee pointed out that the increasing complexity of patient care and acuity exacerbates stress. One Huddler pointed out that team-building events and seminars helped successfully uplift spirits and fostered team connection. Another shared that team bonding activities, such as a book club during work hours, were fun and beneficial. However, the conversation underlined that constant workload often forces them to sacrifice essential activities like socialization and team building, even though these elements are crucial for building relationships and resilience. Huddlers agreed that employers must intentionally carve out time for team-focused activities to combat this.

Upcoming Events

Oregon AWHONN Fall Conference: Join [Oregon AWHONN on September 22-24 for its annual conference](#) in Glendon Beach, Oregon. The Fall Conference provides evidence-based, clinically relevant education on obstetrics, newborn care, and women's health. Additionally, Oregon AWHONN will host [a student conference on Sunday, September 22](#), from 12 to 4 p.m., offering nursing students insight into its relevant specialties, career advice, and more.

Oregon's Outstanding Preceptor Awards Virtual Ceremony: Mark your calendars! Join us as we recognize the nurse preceptors across Oregon named as our [2024 Outstanding Preceptor Award](#) honorees with a virtual award ceremony on Wednesday, September 18, at 8:30 a.m.!

CNA Consolidation Lunch and Learn Event: The Oregon State Board of Nursing Board (OSBN) staff will host a virtual Lunch & Learn Education Event to discuss CNA consolidation on August 28 from noon to 1 p.m. [Find additional information and dial-in details](#) on the OSBN website.

Next Friday Huddle:

Friday, August 30, at 8:00 a.m.

[Register Here!](#)

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