

Date: June 21, 2024



Oregon Center for
N U R S I N G

FRIDAY HUDDLE

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.

Reminder: Due to the Fourth of July holiday, we will not host a Friday Huddle on Friday, July 5. We hope everyone had a wonderful holiday weekend!

Nursing Workforce

Supporting Nurses in Recovery: Following the [Nursing Wellness: Navigating Mental Health, Substance Use, and Recovery](#) webinar, Huddlers discussed the importance of creating pathways back into practice for nurses in recovery. While nurses struggling with addiction or substance abuse do choose to self-report, concerns around their financial livelihood and supporting their families are very real. The Oregon State Board of Nursing (OSBN) is championing a new vision that states, “Nurse well-being is public protection,” and wants to prioritize alternatives to discipline programs and monitored practice options. Current resources such as the [Nurse Assistance Network \(NAN\)](#) and [other state-wide programs](#) provide a foundation for this. Huddlers discussed the importance of advocating for worksite monitors, more supportive language in contracts, and creating new opportunities for nurses who are returning to practice, such as established preceptor programs or roles in nursing education.

Resources for New Nurse Leaders: Huddlers shared recommendations to help nursing professionals step into new leadership and management roles. In addition to seeking mentors in the workplace, Huddlers recommended the [Northwest Organization of Nurse Leaders](#) and the [Oregon Health Care Association](#). NurseLearn also provides mentorship for nurses transitioning into community-based care. Finally, [the American Nurses Association](#) provides numerous resources on a national level.

Updated Hospital Staffing Law FAQs: The Oregon Health Association (OHA) has issued [an updated list of frequently asked questions](#) about the statewide nurse staffing laws.

Summertime Health Hazards: Summer Solstice marked the start of summer on Thursday, June 20. As temperatures rise, emergency departments and urgent care clinics see an increase in warm weather-related health concerns and accidents. The [Oregon ESSENCE Summer Hazard Report](#) is a newly published resource to help track these occurrences. Oregon [has numerous resources](#) and educational materials for community members during hot temperatures.

KFF Health Misinformation and Trust Initiative: The Kaiser Family Foundation (KFF) [published its first Health Misinformation Monitor](#), part of an initiative to track health misinformation and its impact on individuals across the United States.

Events & Happenings

Black Care Matters Community Event: Join Black Care Matters for a community conversation about navigating racism in the healthcare workplace and building a trauma-informed community of support. This free event is open to the public and will take place on August 10 from 1 to 5 p.m. on the University of Portland campus—[RSVP in advance here](#).

Next Friday Huddle:

Friday, June 28, at 8:00 a.m.

[Register Here!](#)

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