

Date: November 3, 2023



Oregon Center for
NURSING

FRIDAY HUDDLE

A gathering of Oregon nursing workforce leaders to offer timely updates and share insights from peers and stakeholders.

Friday Huddle Holiday Schedule: With the holiday season approaching, some upcoming Friday Huddle sessions will be canceled. Please check the [OCN Event Calendar](#) for schedule changes. And remember to [reserve your spot](#) at our last few sessions for the year!

Nursing Workforce

Oregon and the Nurse Licensure Compact: Inspired by earlier conversations at the Friday Huddle, OCN convened an advisory group to develop bipartisan research and resources that address the Nurse Licensure Compact (NLC) and Oregon's involvement. Our [commonly asked questions are now available](#) on the OCN website, with new additions and resources coming soon. Do you have a question? Submit your own at the link above; OCN will include it in a future iteration.

ANA Innovation Awards: There is still time to submit your work for the [American Nurses Association 2023 Innovation Awards](#)! Prizes up to \$50,000 are available for groundbreaking work in patient safety, care delivery models, educational intervention, research, technology, and more. Apply before the deadline of Sunday, November 5.

Access to the Oregon Wellness Program: As of November 1, 2023, Oregon's RNs, LPNs, and CNAs will have full access to counseling services provided by the Oregon Wellness Program (OWP). Anyone interested can visit [OregonWellnessProgram.Org](#) to learn more about the program and self-refer to access OWP services.

Battling Overwhelm for Nurses: Huddlers also addresses the trending overwhelm seen across all stages of the nursing profession. Many agree that nurses are taking on more work and increasingly complex patient care. Others discussed the constant "teaching" mode many nursing professionals find themselves in when supporting new professionals or students. Another attendee pointed out that while building personal resilience is important, employers are also primarily responsible for cultivating working environments and culture that helps to mitigate nurse stress and burnout.

Nursing Education

Supporting Nursing Students: Huddlers discussed how to best support students currently enrolled in nursing programs, including encouraging them to take advantage of resources their programs have in place—examples include tutoring programs, student groups, and more. We explored how creating a team-centric culture within nursing programs can help students feel more confident and supported in their learning.

Next Friday Huddle:

Friday, November 17, at 8:00 a.m.

[Register Here!](#)

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