


LATINO BIRTH:
Is It Salsa and Spice or Mal Ojo?
One Size Doesn't Fit All

Margo A. Halm, RN, PhD, ACNS-BC
Director, Nursing Research & Quality

Edward Wilgus, PhD
Manager, Diversity Program

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BACKGROUND


National Context

- Ethnic/racial population growth reshaping face of U.S.

Local Context - Oregon's Mid-Willamette Valley

- Latinos now 30% of population
- Birthing experiences need improvement:
 - *Respect for dignity*
 - *Management of pain*
 - *Involvement of family/friends*
 - *Post-discharge care*



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PURPOSE

- To evaluate usefulness of an educationally-based intervention in promoting intercultural competence of nurses caring for Latina mothers
- *Setting*
454-bed regional community hospital



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METHODS

Design - Action Learning Project

Sample - 100 nurses in Mother/Baby Unit

Intervention - Cultural Competence Training Program

- Creative arts approach infusing dramatic birthing themes with Latino culture, Spanish language & original music
- Highlighted standards for culturally competent care
 - *Critical reflections, cross cultural practice, & cross cultural communication*


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METHODS

Measures


- PATIENT: *Interviews* (pre & post) on 4 care areas
 - *Respect for human dignity - pain management - involvement of family/friends - post-discharge care*
- STAFF: *Intercultural Development Inventory (IDI)*
Pre & post (6 months post-intervention)

Focus Groups (4 months post-intervention)

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RESULTS - Group Profile


- 66% of staff never lived in another country
- 88% of staff lived formative years in North America
- 86% not considered ethnic minority

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RESULTS - Staff

Intercultural Development Inventory (IDI)


	PRE	POST
Perceived level of understanding of Latino culture rated as <i>'good'</i>	27%	57%
Perceived comfort in providing care to Latino population as <i>'good'</i>	34%	43%
Perceived effectiveness in providing care to Latino population as <i>'very good'</i>	16%	29%

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RESULTS - Staff

Intercultural Development Inventory (IDI)


Perceived Orientation	Developmental Orientation
Pre: 122.17 / Post: 122.27	Pre: 97.2 / Post: 95.91
'Acceptance' Orientation that recognizes and appreciates patterns of cultural difference and commonality in one's own and other cultures	'Minimization' Tendency to highlight commonalities across cultures that can mask important cultural differences in values, perceptions & behaviors

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RESULTS - Staff

Focus Groups


- Training increased overall staff awareness of perceptions, practices & cultural beliefs of Latino patients related to the birthing process and infant care
- Participants adjusted their paradigm related to the importance of family, "la familia":
 - Presence of family members during birthing process
 - Building "confianza" as a tool to develop trust
 - Inclusion of significant others in decision-making
 - Engagement of family in treatment and follow-up
- Participants recognized the role of language in providing effective care

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RESULTS - Patients

- Patients reported satisfaction with various components of their care


<i>Respect for Human Dignity</i>	<ul style="list-style-type: none"> • Attentiveness • Respect for privacy & cultural preferences
<i>Management of Pain</i>	<ul style="list-style-type: none"> • Frequent pain assessment • Prompt medication administration
<i>Involvement of Family/Friends</i>	<ul style="list-style-type: none"> • Nurtured presence/accommodated needs • Involved family in care
<i>Post-Discharge Care</i>	<ul style="list-style-type: none"> • Demonstrations on care of baby • Informative class/questions answered

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RESULTS - Patients

- Many Latina mothers shared moments where care could have been more culturally sensitive

<i>Respect for Human Dignity</i>	<ul style="list-style-type: none"> • Lack of explanations • Communication style (impatience, frustration)
<i>Management of Pain</i>	<ul style="list-style-type: none"> • Lack of medication teaching • Pain not adequately managed
<i>Involvement of Family/Friends</i>	<ul style="list-style-type: none"> • Family not involved in care
<i>Post-Discharge Care</i>	<ul style="list-style-type: none"> • Distracting environment with infants • Ineffective style of class presenter


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IMPLICATIONS

Design of Cultural Competence Training Programs

Experiential learning techniques to engage nurses

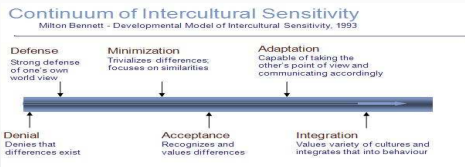
- Promote informal dialogue to share insights & lessons learned as new information is applied in practice
- Create and develop products that will supplement and reinforce new learnings
- Engage staff in addressing second-language challenges
- Emphasize the connection between service excellence and cultural competency

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RECOMMENDATIONS FOR RESEARCH

Systematic testing of training programs

- Identify essential training components, including timing, that assist nurses & teams in moving along intercultural development continuum



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NEXT STEPS

- Replicating cultural competence training for entire Family Birth Center (Antepartum, Labor & Delivery) and greater hospital community
- Developing additional training related to other diverse ethnic communities such as the Russian, Pacific Islander, or African cultures

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