



Because Oregon's Health
Depends On It.

Northwest Health
FOUNDATION

***Leadership at the Point of Care:
The Critical Role of the Nurse Manager 2010***

February 25-26, 2009 • Portland, Oregon

CONFERENCE AGENDA

Thursday, February 25, 2010

0730 – 0825 **Registration and Breakfast** – *Bellmont Foyer/Bellmont Grand Ballroom*

Breakfast sponsored by



0825 – 0830 **Welcoming Address**

Martie Moore, RN, BSN, MAOM, CPHQ

Keynote speaker sponsored by



0830 – 1000 **Keynote: The Complexity of Nursing Work**

Patricia R. Ebright, DNS, CNS, RN

1000 – 1015 *Networking Break – Bellmont Foyer*

1015 – 1115 **Employment and Labor Law for the Nurse Managers**

Eve Logsdon, JD, SPHR

1115 – 1215 **How to Thrive as a Nurse Manager – Talking Stick Session**

1215 – 1315 *Lunch – Bellmont Foyer/Bellmont Grand Ballroom*

1315 – 1415 **Healthy Work Environments at Risk: Preventing Lateral Violence**

Diana Swihart, PhD, DMin, MSN, CS, RN-BC

1415 – 1515 **Creating Healthy Work Environments**

Traci Hanlon, RN, MSN

1515 – 1530 *Networking Break – Bellmont Foyer*

1530 – 1630 **Understanding Different Styles of Communication**

April Lewis, MPA



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Friday, February 26, 2010

0730 – 0830 Breakfast – *Bellmont Foyer/Bellmont Grand Ballroom*

0830 – 0930 **Nurse Manager Stress and Work Complexity: Translating Evidence into Practice**
Maria R. Shirey PhD, MBA, RN, NEA-BC, FACHE

0930 – 1030 **Mentoring and Coaching**
Mary Schoessler, EdD, RN

1030 – 1045 *Networking Break – Bellmont Foyer*

1045 – 1200 **Finding a Mentor/Being a Mentor - *Talking Stick Session***

1200 – 1300 *Lunch – Bellmont Foyer/Bellmont Grand Ballroom*

1300 – 1500 **Chief Nurse Executive Panel: From Surviving to Thriving**
Carol Bradley, MSN, RN, CENP
Senior Vice President and Chief Nursing Officer, Legacy Health System
Debbie Glass, MS, RN, NEA-BC
Chief Nursing Officer, Providence Newberg Medical Center
Kathleen O'Leary, RN, MPH
Public Health Division Manager, Washington County Health and Human Services
Lynn Szender, RN, NHA
Director of Healthcare Services, Mary's Woods at Marylhurst
Moderator:
Joan Caley, MS, RN, CNS, CNL, NEA, BC
Board President, Oregon Center for Nursing



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CONFERENCE OBJECTIVES

- Participate in opportunities for collegial discussion and networking
- Acquire new skills to empower you in your nurse manager role
- Embrace leadership as a vital nursing function
- Build competencies around leading change
- Learn to make the most of available resources

SPEAKER OBJECTIVES

Patricia R. Ebright, DNS, CNS, RN

The Complexity of Nursing Work

- a. Describe the latest research findings on the complex work of nursing.
- b. Discuss essential workplace supports for nursing work.
- c. Identify Nurse Manager strategies for leading change toward increasing quality and safe patient care.

Eve Logsdon, JD, SPHR

Employment and Labor Law for the Nurse Managers

- a. Examine the essentials of employment and labor law
- b. Understand the application of employment and labor law as related to the nurse manager role

Talking Stick Session

How to Thrive as a Nurse Manager

- a. Discuss strategies to manage work complexity
- b. Discuss strategies to thrive in the nurse manager role

Diana Swihart, PhD, DMin, MSN, CS, RN-BC

Healthy Work Environments at Risk: Preventing Lateral Violence

- a. Discuss the phenomena of lateral violence among nurses
- b. Explore strategies to prevent lateral violence
- c. Describe approaches for building healthy work relationships

Traci Hanlon, RN, MSN

Creating Healthy Work Environments

- a. Understand the essentials of healthy work environments
- b. Discuss strategies to create healthy work environments
- c. Discuss how to engage staff in creating healthy work environments



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Understanding Different Styles of Communication

- a. Identify your preferred style of interaction
- b. Understand how your style comes across to others
- c. Learn how to adapt your style so that work relationships are enhanced and productivity and creativity increase
- d. Help you improve your interactions with people with different styles

Maria R. Shirey PhD, MBA, RN, NEA-BC, FACHE

Nurse Manager Stress and Work Complexity: Translating Evidence into Practice

- a. Discuss the evidence as it relates to nurse manager stress and work complexity
- b. Identify four ways to translate into practice evidence related to nurse manager stress and work complexity

Mary Schoessler, EdD, RN

Mentoring and Coaching

- a. Examine the attributes of effective coaches and mentors
- b. Learn to identify/develop a relationship with a mentor or coach
- c. Learn strategies to be an effective mentor/coach

Talking Stick Session

Finding a Mentor/Being a Mentor

- a. Discuss strategies to develop a mentor relationship for yourself
- b. Discuss strategies/ways a nurse manager can mentor employees

Carol Bradley, MSN, RN, CENP, Senior Vice President and CNO, Legacy Health System

Debbie Glass, MS, RN, NEA-BC, Chief Nursing Officer, Providence Newberg Medical Center

Kathleen O'Leary, RN, MPH, Public Health Division Manager, Washington County HHS

Lynn Szender, RN, NHA, Director of Healthcare Services, Mary's Woods at Marylhurst

Moderator: Joan Caley, MS, RN, CNS, CNL, NEA, BC, Board President, Oregon Center for Nursing

Chief Nurse Executive Panel: From Surviving to Thriving

- a. Share nurse leaders' experiences of managing complexity in their practices and lives
- b. Learn strategies for managing work complexity
- c. Learn strategies for work-life balance